



APPLE BAY
RESTAURANT AND BAR

BREAKFAST MENU

SHEPPY'S TRADITIONAL BREAKFAST

Small £7.25 (1 sausage, 1 bacon)
Large £8.50 (2 sausages, 2 bacon)

Sheppy's Butcher's sausage, bacon, free-range eggs your way, Heinz baked beans, field mushroom, grilled plum tomato and English black pudding served with toasted Hobb's House bloomer

LITTLE ONE'S BREAKFAST £5.75

Sheppy's Butcher's sausage, Heinz baked beans and free-range egg your way, served with a slice of Hobb's House toast and jam

If you wish to swap something on your breakfast, please be advised that there will be a charge of 50p per item

VEGETARIAN HASH £7.95

Grilled field mushrooms, pan fried spinach, spring onions, new potatoes and cherry tomatoes topped with two lightly poached eggs.

Make it vegan – swap your eggs for scrambled tofu

AMERICAN PANCAKE STACKS £6.50

Choose from:

Mixed berries and honey
Grilled streaky bacon and maple syrup

LOCALLY SMOKED SALMON AND FREE RANGE EGGS £8.25

Served on toasted Hobb's House organic light rye sourdough

FRESHLY BAKED HOBBS' HOUSE BAGUETTE (harvest grain or white) £4.95

Choose from harvest grain or white bread with:

Grilled back bacon (three rashers)
Sheppy's Butcher's sausage (two)

Add a free-range egg for 95p

EXTRAS AND TOAST £1.25

Any item of meat (bacon, sausage, black pudding), or any item of veg (tomato, baked beans, mushrooms) or hash browns (two)

TOAST BASKET £2.50

Two slices of Hobb's House bloomer with butter and breakfast marmalade or strawberry jam